

Text

All the Dharmic Faiths originated in the Indian Subcontinent; particularly in what is modern day Pakistan, India, and Nepal.

All three Dharmic Faiths believe that death is not the end and that one's soul/self/mind takes on a new physical form after death and that this is repeated in a near-endless cycle called samsara.

The three religions take different perspectives on the existence and importance of Gods. Sikhism is monotheist whilst Hinduism believes the one main God, Brahman, can take on millions of different forms. Some Buddhists believe in Gods but others are not so sure if they exist or are important.

Whilst Buddha founded Buddhism and Guru Nanak founded Sikhism, the